



***Meg Kabat, LCSW-C, CCM***

*Acting National Director*

*Caregiver Support Program*

*Department of Veterans Affairs*

Ms. Kabat began working in the Department of Veterans Affairs' Caregiver Support Program in 2011 and currently serves as the Acting National Director. In this role, she serves as the principle advisor on Caregiver Support Program matters, including providing guidance to the Chief Consultant, Care Management and Social Work Services, as well as Network and facility Directors, other Patient Care Services program offices, and VA and VHA offices. Ms. Kabat is responsible for national oversight and implementation of the Caregiver Support Program in accordance with Public Law 111-163, Caregivers and Veterans Omnibus Health Services Act of 2010. Ms. Kabat serves as the principle manager to develop a Program of Comprehensive Assistance for Family Caregivers, and a program for General Caregiver support services. She is responsible for critical and sensitive national policy development and program oversight with an annual budget of approximately \$300 million. Ms. Kabat promotes the role of the Family Caregiver in multiple committees and work groups, both within and outside of the VA.

Ms. Kabat was born and raised in Dartmouth, Massachusetts. She graduated from the College of the Holy Cross in 1992 with a Bachelor of Arts in Psychology. Ms. Kabat spent the next three years living in Hillsboro, New Hampshire, working for Wediko Children's Services, a non-profit agency whose mission is to improve children's lives through a range of therapeutic services and programs. In 1995, Ms. Kabat moved to Washington, DC, to attend the Catholic University of America, where she earned a Masters in Social Work. Throughout her 17 years as a Licensed Social Worker, Ms. Kabat has worked with many populations including the elderly, those struggling with mental illness, and adopted children.

Ms. Kabat began working with America's Wounded Warriors in 2003. She has worked in many different roles both for the United States Navy and the Department of Veterans Affairs, including Case Manager, VA Liaison for Healthcare, and Federal Recovery Coordinator, ensuring the best care for America's Veterans.

Ms. Kabat is the proud daughter and granddaughter of Veterans who served in World War I, World War II, and Vietnam. She lives in Kensington, Maryland, with her husband and two children. Ms. Kabat is active with her children's many activities including school, Scouts, religious education, and sports teams.